

Lunch Menu



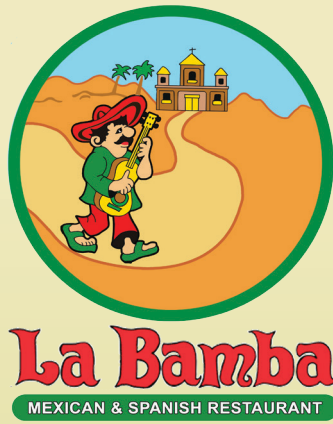
La Bamba
MEXICAN & SPANISH RESTAURANT

Monday thru Friday
11:30 AM - 4:00 PM

Add Cup of Soup \$1
Chips & Salsa \$3 - Dine in Only

- 1 **Quesadilla** / 9
Pressed Flour Tortilla + Monterey Jack + Cheddar + Taco Sauce + Refried Beans
Add Shredded Chicken / 12
Add Ground Beef / 12
- 2 **Enchilada** / 10.5
Soft Corn Tortilla + Cheese, Chicken or Beef + Sauce + Melted Cheese + Yellow Rice + Refried Beans
- 3 **Tostada Combo** / 10
Crispy Corn Tortilla + Refried Beans + Chicken or Beef + Lettuce + Tomato + Cotija Cheese + Sour Cream + Taco Sauce + Yellow Rice + Refried Beans
- 4 **Burro Combo** / 11
Flour Tortilla + Chicken or Beef + Sauce + Melted Cheese + Yellow Rice + Refried Beans
- 5 **Pork Burro Verde** / 12
Flour Tortilla + Carnitas + Pico de Gallo + Verde Sauce + Melted Monterey Jack + Yellow Rice + Refried Beans
- 6 **Ropa Vieja** / 11
Stewed Shredded Beef + Onions + Peppers + Tomato + White Rice + Black Beans + Plantains
- 7 **Baby Palomilla** / 12
Pounded Tri-Tip Sirloin + Fresh Raw Onions and Parsley + White Rice + Black Beans + Plantains
- 8 **Picadillo** / 11
Ground Beef + Onions + Olives + Peppers + White Rice + Black Beans + Plantains
- 9 **Pollo a la Plancha** / 12
Marinated Chicken Breast + Mojo Criollo + White Rice + Black Beans + Plantains
Add Sautéed Onions / 13
- 10 **Masa de Puerco** / 11
Marinated Pork Chunks + Raw Onions + Mojo Criollo + White Rice + Black Beans + Plantains
- 11 **Hamburguesa** / 10
1/2 lb. Ground Sirloin + Lettuce + Tomato + Onions + French Fries / **Add cheese** / 10.5
- 12 **Fish Taco** / 11
Soft Flour Tortilla + Haddock Filet + Cabbage Medley + Sweet Corn + Homemade Chipotle Sauce + Yellow Rice + Refried Beans
- 13 **Taco / Beef or Chicken** / 10
Crispy Corn Tortilla + Protein + Lettuce + Tomato + Cheese + Taco Sauce + Yellow Rice + Refried Beans
- 14 **Taco / Grilled Chicken** / 11 / **Steak** / 11.5
Served with Yellow Rice & Refried Beans
See Dinner Menu For Descriptions
- 15 **Grilled Chicken Avocado Salad** / 12
Marinated Chicken Breast + Lettuce + Tomato + Carrots + Cheese + Avocado + Crispy Tortilla Bowl
- 16 **Fajita Bowl / Chicken** / 12 / **Steak** / 13
Pan Roasted Bell Peppers + Onions + Tomatoes + White Rice + Black Beans + Guacamole + Pico de Gallo
- 17 **Lechon Asado** / 11
Slow Roasted Pulled Pork + Mojo & Lime Marinade + Sautéed Onions + White Rice + Black Beans + Plantains
- 18 **Tuna Melt** / 10
Pressed Flour Tortilla + White Tuna + Monterey Jack + Cheddar + Onion + Tomato + Sauce

**Notice: Consuming raw or under cooked meat, poultry, shellfish or seafood may increase your risk of food borne illness. Especially if you have certain medical conditions*



Locations

- 1 Plantation**
10169 W Sunrise Blvd.
Plantation, FL 33322
 - 2 Margate**
5452 W Sample Rd.
Margate, FL 33073
 - 3 Fort Lauderdale**
4245 N Federal Hwy.
Fort Lauderdale, FL 33308
 - 4 Delray Beach**
4285 W Atlantic Ave.
Delray Beach, FL 33445
 - 5 North Palm Beach**
730 US-1
North Palm Beach, FL 33408
 - 6 Fort Lauderdale - Harbor Shops**
1901 Cordova Rd.
Fort Lauderdale, FL 33316
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