

# Lunch Menu



**La Bamba**  
MEXICAN & SPANISH RESTAURANT

Monday thru Friday  
11:30 AM - 2:30 PM

Add Cup of Soup \$1  
Chips & Salsa \$3 - Dine in Only

## Quesadilla / 9

1 Melted cheese inside a large flour tortilla served with refried beans and taco sauce

## Enchilada / 10.5

2 A soft corn tortilla stuffed with your choice of beef, chicken or cheese served with yellow rice and refried beans

## Tostada Combo / 10

3 A flat crispy corn tortilla topped with your choice of beef or chicken, lettuce, tomato, cheese, sour cream and taco sauce served with yellow rice and refried beans

## Burro Combo / 11

4 A flour tortilla stuffed with your choice of beef or chicken served with yellow rice and refried beans

## Tuna Melt / 10

5 A large flour tortilla stuffed with tuna, melted cheese, onion and tomato served with taco sauce

## Ropa Vieja / 11

6 Shredded beef cooked with peppers, onions, tomatoes and spices served with white rice, black beans and ripe plantains

## Baby Palomilla / 12

7 A pounded baby tri-tip steak grilled and topped with chopped onions served with white rice, black beans and plantains

## Picadillo / 11

8 Seasoned ground beef cooked with olives, chopped onions and peppers served with white rice, black beans and plantains

## Pollo a la Plancha / 12

9 A juicy boneless chicken breast marinated and grilled served with white rice, black beans and plantains

## Masa de Puerco / 11

10 Chunks of pork marinated with garlic sauce, deep fried, topped with rings of raw onions served with white rice, black beans and plantains

## Hamburguesa / 10

11 Served with lettuce, tomato, onion and french fries with cheese / 10.5

## Tuna Sandwich / 9

12 Served with lettuce, tomato, onion and french fries

## Taco / Beef or Chicken / 10

13 A crispy corn tortilla filled with ground beef, lettuce, tomato, cheese, and sauce served with yellow rice and refried beans

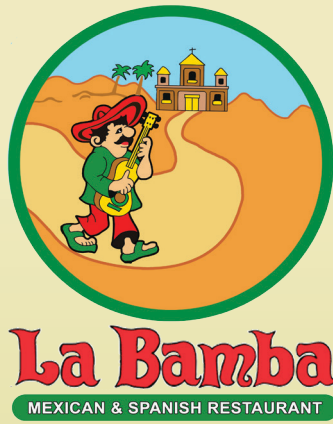
## Grilled Chicken Sandwich / 9

14 Served with lettuce, tomato, onion and french fries

## Grilled Chicken Avocado Salad / 12

15 Grilled marinated chicken, lettuce, tomato, carrots, cheese and avocado served in a large crispy flour tortilla shell

*\*Notice: Consuming raw or under cooked meat, poultry, shellfish or seafood may increase your risk of food borne illness. Especially if you have certain medical conditions*



## Locations

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- 1 Plantation**  
10169 W Sunrise Blvd.  
Plantation, FL 33322
  - 2 Margate**  
5452 W Sample Rd.  
Margate, FL 33073
  - 3 Fort Lauderdale**  
4245 N Federal Hwy.  
Fort Lauderdale, FL 33308
  - 4 Delray Beach**  
4285 W Atlantic Ave.  
Delray Beach, FL 33445
  - 5 North Palm Beach**  
730 US-1  
North Palm Beach, FL 33408
  - 6 Fort Lauderdale - Harbor Shops**  
1901 Cordova Rd.  
Fort Lauderdale, FL 33316
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