

Lunch Menu



La Bamba
MEXICAN & SPANISH RESTAURANT

Monday thru Friday

11:30 AM - 2:30 PM

Add Cup of Soup \$1

Chips & Salsa \$5 - Dine in Only

Quesadilla / 10

- 1 Melted cheese inside a large flour tortilla served with refried beans and taco sauce

Enchilada / 11

- 2 A soft corn tortilla stuffed with your choice of beef, chicken or cheese served with yellow rice and refried beans

Tostada Combo / 10.5

- 3 A flat crispy corn tortilla topped with your choice of beef or chicken, lettuce, tomato, cheese, sour cream and taco sauce served with yellow rice and refried beans

Burro Combo / 13

- 4 A flour tortilla stuffed with your choice of beef or chicken served with yellow rice and refried beans

Tuna Melt / 10.5

- 5 A large flour tortilla stuffed with tuna, melted cheese, onion and tomato served with taco sauce

Ropa Vieja / 12.5

- 6 Shredded beef cooked with peppers, onions, tomatoes and spices served with white rice, black beans and ripe plantains

Baby Palomilla / 13.5

- 7 A pounded baby tri-tip steak grilled and topped with chopped onions served with white rice, black beans and plantains

Picadillo / 12.5

- 8 Seasoned ground beef cooked with olives, chopped onions and peppers served with white rice, black beans and plantains

Pollo a la Plancha / 13

- 9 A juicy boneless chicken breast marinated and grilled served with white rice, black beans and plantains

Masa de Puerco / 12.5

- 10 Chunks of pork marinated with garlic sauce, deep fried, topped with rings of raw onions served with white rice, black beans and plantains

Hamburguesa / 11

- 11 Served with lettuce, tomato, onion and french fries
Add cheese / 12

Tuna Sandwich / 10

- 12 Served with lettuce, tomato, onion and french fries

Taco / Beef or Chicken / 11

- 13 A crispy corn tortilla filled with ground beef, lettuce, tomato, cheese, and sauce served with yellow rice and refried beans

Grilled Chicken Sandwich / 9.5

- 14 Served with lettuce, tomato, onion and french fries

Grilled Chicken Avocado Salad / 13.5

- 15 Grilled marinated chicken, lettuce, tomato, carrots, cheese and avocado served in a large crispy flour tortilla shell

**Notice: Consuming raw or under cooked meat, poultry, shellfish or seafood may increase your risk of food borne illness. Especially if you have certain medical conditions*



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Locations

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- 1 Plantation**
10169 W Sunrise Blvd.
Plantation, FL 33322
 - 2 Margate**
5452 W Sample Rd.
Margate, FL 33073
 - 3 Fort Lauderdale**
4245 N Federal Hwy.
Fort Lauderdale, FL 33308

- 4 Delray Beach**
4285 W Atlantic Ave.
Delray Beach, FL 33445
 - 5 North Palm Beach**
730 US-1
North Palm Beach, FL 33408
 - 6 Fort Lauderdale - Harbor Shops**
1901 Cordova Rd.
Fort Lauderdale, FL 33316
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