

Lunch Menu



La Bamba
MEXICAN & SPANISH RESTAURANT

Monday thru Friday

11:30 AM - 2:30 PM

Add Cup of Soup \$2

Chips & Salsa \$5 - Dine in Only

Quesadilla / 10

1 Pressed Flour Tortilla + Monterey Jack + Cheddar + Taco Sauce + Refried Beans

Add Shredded Chicken / 13

Add Ground Beef / 13

Enchilada / 11.5

2 Soft Corn Tortilla + Cheese, Chicken or Beef + Sauce + Melted Cheese + Yellow Rice + Refried Beans

Tostada Combo / 11.5

3 Crispy Corn Tortilla + Refried Beans + Chicken or Beef + Lettuce + Tomato + Cotija Cheese + Sour Cream + Taco Sauce + Yellow Rice + Refried Beans

Burro Combo / 13.5

4 Flour Tortilla + Chicken or Beef + Sauce + Melted Cheese + Yellow Rice + Refried Beans

Pork Burro Verde / 14

5 Flour Tortilla + Carnitas + Pico de Gallo + Verde Sauce + Melted Monterey Jack + Yellow Rice + Refried Beans

Ropa Vieja / 14

6 Stewed Shredded Beef + Onions + Peppers + Tomato + White Rice + Black Beans + Plantains

Baby Palomilla / 14.5

7 Pounded Tri-Tip Sirloin + Fresh Raw Onions and Parsley + White Rice + Black Beans + Plantains

Picadillo / 13

8 Ground Beef + Onions + Olives + Peppers + White Rice + Black Beans + Plantains

Pollo a la Plancha / 14.5

9 Marinated Chicken Breast + Mojo Criollo + White Rice + Black Beans + Plantains

Add Sautéed Onions / 14.75

Masa de Puerco / 13.5

10 Marinated Pork Chunks + Raw Onions + Mojo Criollo + White Rice + Black Beans + Plantains

Hamburguesa / 12.5

11 1/2 lb. Ground Sirloin + Lettuce + Tomato + Onions + French Fries / **Add cheese / 13**

Fish Taco / 12.5

12 Soft Flour Tortilla + Haddock Filet + Cabbage Medley + Sweet Corn + Homemade Chipotle Sauce + Yellow Rice + Refried Beans

Taco / Beef or Chicken / 11.5

13 Crispy Corn Tortilla + Protein + Lettuce + Tomato + Cheese + Taco Sauce + Yellow Rice + Refried Beans

Taco / Grilled Chicken / 12.5 / Steak / 13

14 Served with Yellow Rice & Refried Beans
See Dinner Menu For Descriptions

Grilled Chicken Avocado Salad / 14

15 Marinated Chicken Breast + Lettuce + Tomato + Carrots + Cheese + Avocado + Crispy Tortilla Bowl

Fajita Bowl / Chicken / 14 / Steak / 14.5

16 Pan Roasted Bell Peppers + Onions + Tomatoes + White Rice + Black Beans + Guacamole + Pico de Gallo

Lechon Asado / 13.5

17 Slow Roasted Pulled Pork + Mojo & Lime Marinade + Sautéed Onions + White Rice + Black Beans + Plantains

**Notice: Consuming raw or under cooked meat, poultry, shellfish or seafood may increase your risk of food borne illness. Especially if you have certain medical conditions*



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Locations

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- 1 Plantation**
10169 W Sunrise Blvd.
Plantation, FL 33322
 - 2 Margate**
5452 W Sample Rd.
Margate, FL 33073
 - 3 Fort Lauderdale**
4245 N Federal Hwy.
Fort Lauderdale, FL 33308

- 4 Delray Beach**
4285 W Atlantic Ave.
Delray Beach, FL 33445
 - 5 North Palm Beach**
730 US-1
North Palm Beach, FL 33408
 - 6 Fort Lauderdale - Harbor Shops**
1901 Cordova Rd.
Fort Lauderdale, FL 33316
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